We Claim:

- 1. An electrically programmable memory element, comprising:
 - a programmable resistance material;
 - a threshold switching material; and
- a first layer of a dielectric material between said programmable resistance material and said threshold switching material.
- 2. The memory element of claim 1, further comprising a second layer of a dielectric material, said threshold switching material being between said first layer of said dielectric material and said second layer of said dielectric material.
- 3. The memory element of claim 2, further comprising a third layer of a dielectric material, said programmable resistance material being between said third layer of said dielectric material and said first layer of said dielectric material.
- 4. The memory element of claim 1, further comprising a second layer of a dielectric material, said programmable resistance material being between said first layer of said dielectric material and said second layer of said dielectric material.

- 5. The memory element of claim 1, wherein said programmable resistance material is a phase-change material.
- The memory element of claim 1, wherein said programmableresistance material comprises a chalcogen element.
 - 7. The memory element of claim 1, wherein said threshold switching material comprises a chalcogen element.
- 10 8. The memory element of claim 1, wherein said first layer of said dielectric material has a thickness of less than 100 Angstroms.
- 9. The memory element of claim 1, wherein said dielectric
 15 material comprises a material selected from the group consisting of oxide and nitride.
 - 10. The memory element of claim 1, wherein said dielectric material is silicon nitride.
 - 11. An electrically programmable resistance memory element, comprising:
 - a programmable resistance material;

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a dielectric material formed over said programmable

resistance material; and

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- a threshold switching material formed over said dielectric material.
- 5 12. The memory element of claim 11, wherein programmable resistance material comprises a chalcogen element.
 - 13. The memory element of claim 11, wherein said threshold switching material comprises a chalcogen element.
 - 14. The memory element of claim 11, wherein said dielectric material comprises an oxide or a nitride.
- 15. The memory element of claim 11, wherein said threshold15 switching material has an S-type current-voltage characteristic.
 - 16. An electrically programmable resistance memory element, comprising:
 - a threshold switching material;
- a dielectric material formed over said threshold switching material; and
 - a programmable resistance material formed over said dielectric material.

- 17. The memory element of claim 16, wherein programmable resistance material comprises a chalcogen element.
- 18. The memory element of claim 16, wherein said threshold switching material comprises a chalcogen element.
 - 19. The memory element of claim 16, wherein said dielectric material comprises an oxide or a nitride.
- 10 20. The memory element of claim 16, wherein said threshold switching material has an S-type current-voltage characteristic.